Read all of this leaflet carefully because it contains important information for you.

- This medicine is available without prescription. However, you still need to use Voltaren Emulgel 1.16% carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 7 days.
- If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

1. WHAT VOLTAREN EMULGEL 1.16% IS AND WHAT IT IS USED FOR

Voltaren Emulgel 1.16% contains the active substance diclofenac which belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). It is specially formulated for rubbing into the skin.

Voltaren Emulgel 1.16% is used to relieve pain and swelling in a number of painful conditions affecting the joints and muscles.

Voltaren Emulgel 1.16% relieves rheumatic and muscular pain, and reduces swelling and inflammation, eg injuries involving the tendons, ligaments, muscles and joints. For relief of sprains, strains, bruises, backache, tendonitis (e.g. tennis elbow) and for localized and mild arthritis. Voltaren Emulgel 1.16% may also be used to treat other conditions as determined by your doctor.

If you have any questions about how Voltaren Emulgel 1.16% works, ask your doctor or pharmacist.

2. BEFORE YOU USE VOLTAREN EMULGEL 1.16%

Do not use Voltaren Emulgel 1.16%

- If you are allergic (hypersensitive) to diclofenac or other medicines used to treat pain, fever or inflammation, such as ibuprofen or acetylsalicylic acid (a substance also used to prevent blood clotting), or any of the other ingredients of Voltaren Emulgel 1.16% listed at the end of this leaflet. If you are not sure, ask your doctor or pharmacist.

Symptoms of an allergic reaction to these medicines may include: wheezing or shortness of breath (asthma); skin rash with blisters or hives; swelling of the face or tongue; runny nose.

- If you are in the last 3 months of pregnancy.

If any of these applies to you, do not use Voltaren Emulgel 1.16%.

Take special care with Voltaren Emulgel 1.16%

- Do not apply to skin with conditions such as cuts, open wounds, or on skin that has a rash or eczema.

- Voltaren Emulgel 1.16% is for external use only. Do not use it in the mouth. Do not swallow it. Be careful not to get Voltaren Emulgel 1.16% in your eyes. If this happens, rinse your eyes well with clean water. See your doctor or pharmacist if any discomfort persists.

- A brace or wrap commonly used for injuries like sprains can be used but do not use under airtight (plastic) bandages.

If you have any questions, talk to your doctor or pharmacist before using Voltaren Emulgel 1.16%

Taking other medicines

Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines, including those obtained without a medical prescription.

Pregnancy and breast-feeding

Do not use Voltaren Emulgel 1.16% if you are pregnant, especially during the last 3 months of pregnancy, as it could harm your unborn child or cause problems at delivery. Do not use Voltaren Emulgel 1.16% if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Children (under 12 years of age)

Do not use Voltaren Emulgel 1.16% on a child under 12 years of age.

Important information about some of the ingredients of Voltaren Emulgel 1.16%

The gel formulation contains propylene glycol and benzyl benzoate, which may cause mild localised skin irritation in some people.

3. HOW TO USE VOLTAREN EMULGEL 1.16%

<How much Voltaren Emulgel 1.16% to use>

For adults and adolescents over 12 years of age.

Apply Voltaren Emulgel 1.16% 3 to 4 times a day on the painful area.

How to apply Voltaren Emulgel 1.16%

1. Before first use, pierce the sealing membrane of the tube with spiked top of cap.

2. Gently squeeze out a small amount of gel from the tube and apply to the painful or swollen area, slowly rubbing into the skin. The amount needed will vary depending upon the size of the painful or swollen area; an amount ranging in size from a cherry to a walnut will usually be sufficient. You may notice a slight cooling effect when you rub the gel in.

3. Wash your hands after rubbing in Voltaren Emulgel 1.16%, unless of course they are the site being treated.

How long to use Voltaren Emulgel 1.16%

Do not use Voltaren Emulgel 1.16% for more than:

- 2 weeks for muscle and joints injuries (e.g. sprains, strains, bruises) or tendonitis
- 3 weeks for arthritis pain
Longer treatment may be recommended by a doctor. If the pain and swelling do not improve within 7 days, or if they get worse, tell your doctor.

If you use more Voltaren Eumgel 1.16% than you should In case you or a child accidentally swallows Voltaren Eumgel 1.16%, or in case you have accidentally used much more than recommended, contact your doctor immediately.

If you forget to use Voltaren Eumgel 1.16% If you miss your application of Voltaren Eumgel 1.16% at the correct time, apply it when you remember and then carry on as normal. Do not apply a double quantity to make up for the forgotten application. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 POSSIBLE SIDE EFFECTS
Like all medicines, Voltaren Eumgel 1.16% can cause side effects, although not everybody gets them.

Some rare and very rare side effects might be serious
If you experience any of the following signs of allergy, STOP using Voltaren Eumgel 1.16% and tell a doctor or pharmacist immediately:
- Skin rash with blisters, hives. (may affect between 1 and 10 in every 10,000 people).
- Wheezing, shortness of breath or feeling of tightness in the chest (asthma). (may affect less than 1 in every 10,000 people.)
- Swelling of the face, lips, tongue or throat. (may affect less than 1 in every 10,000 people.)
Other side effects which may occur are usually mild, passing and harmless (if you are concerned, tell a doctor or pharmacist).

Common side effects
( may affect between 1 and 10 in every 100 people )
- Skin rash, itching, reddening or smearing of the skin

Very rare side effects
( may affect less than 1 in every 10,000 people )
- The skin may be more sensitive to the sun. Possible signs are sunburn with itching, swelling and blistering.

If any of the side effects gets serious or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5 HOW TO STORE VOLTAREN EUMGEL 1.16%
- Keep all medicines out of the reach and sight of children.
- Do not use Voltaren Eumgel 1.16% after the expiry date which is stated on the carton and tube.
- Do not store above 30°C.

6 FURTHER INFORMATION
What Voltaren Eumgel 1.16% contains
The active substance is diclofenac diethylamine. One gram of gel contains 11.6 mg of diclofenac diethylamine. The other ingredients are carbomer, macrogol cetostearyl ether, cocoyl caprylocaprate, diethylamine, isopropyl alcohol, propylene glycol, liquid paraffin, perfume cream 45 (containing benzyl benzate), purified water.